

#### TRADITIONAL Body Massage with Home Made Oil

Your therapist will begin with a ritual footbath, than they will start the massagetreatment with a simple breathing technique, followed by pressure points andsoft stretching for the blood circulation, this massage technique is consist ofmedium to hard strokes to your body.

• 60 Min •90 Min •120 Min

AROMATHERAPY Body Massage with selection of Aromatherapy oils. Fragrance: Rose, Lavender, Jasmine, and Frangipani.

Your therapist will begin with ritual footbath, than they will start the massage treatment with a simple breathing technique, followed by pressure points and light stretching to relax the body, application aromatherapy oil of your choicewith aromatherapy style massage, when this treatment finished, we suggest not to have a bath for 2 hours for the oil to properly absorb to your skin.

• 60 Min •90 Min •120 Min

#### **REFLEXOLOGY 1 Hour**

Reflexology is the practice of massaging, squeezing, or pushing on part of the feet, with the goal of encouraging a beneficial effect on other part of the body, to improve general health. This practice is popular mainly in Asia. Your therapist will begin this treatment with ritual footbath, than they will treat each feet at a time, this treatment is ended with hands massage.

#### **HOT STONE** Massage 1.5 Hour

Your therapist will begin with ritual footbath, a traditional style massage for 60 minutes, then follow with a hot stone style massage, where your therapist will use set of hot stones to massage your body. This treatment is good for the blood circulation and to warm the body.





#### LOMI LOMI Massage 1.5 Hour

Mind and Body are invariably interlinked and mutually interdependent. Lomi Lomi massage seeks to rid the body of physical and mental stresses, and free up the energy flow. Aromatic oils are used for massaging, begin with a ritual footbath, breathing technique, followed by pressure points and soft stretching for the blood circulation. This treatment is good for relaxed nervous system, improved blood circulation and Lymph flow, elimination of toxic waste and relief from body pain. The Lomi lomi massage rejuvenates the body and instils a feeling of peace and well-being

#### JAMU Massage 1.5 Hour

This treatment will use special Jamu rubbing during the massage treatment. The Jamu that we're using for this treatment is called: Jamu pijat this type of Jamu is made of: Ginger, Jicama, pandan leafs, cinnamon, cloves, and citrus fruit.

#### **BACK AND HEAD Massage 30 Mnt**

15 minutes back & 15 minutes head. A quick stop for a simple massage to loosen up and rest for 30 minutes. Our therapist will start a simple back massage for 15 minutes and head massages for 15 minutes. It will be enough for you to continue the journey of the day.

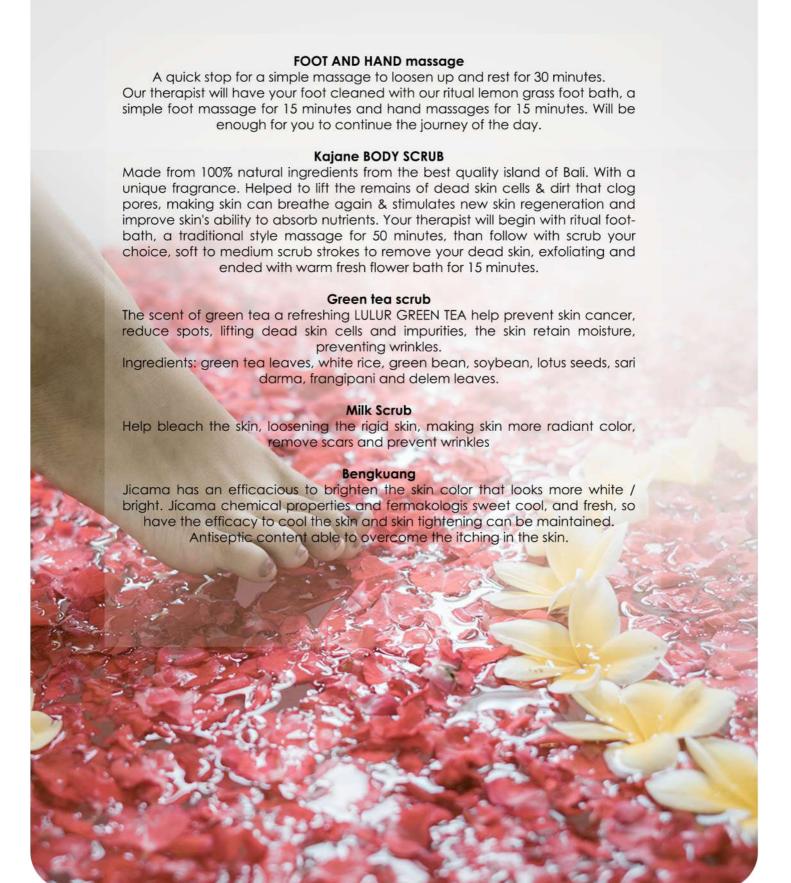
#### **BODY MASK 1.5 Hour**

Your therapist will begin with ritual footbath, a traditional style massage for 50 minutes, than follow with an application of Body Mask of your choice, and

#### **DEEP TISSUE 1Hour**

Experience a complete body awakeing with combination of Balinese massage Technique using fluent strokes of different depth and intensity. Deep tissue massage improves lymphatic drainage and circlation, work into muscles to relieve tension and stiffness and also elements of stretching to increase mobility.





#### Kajane Hair Treatment MEKAR Hair Mask 1 Hour

Your therapist will shampoo your hair and scalp, your hair will be





# Kajane Hand & Foot treatment

### **MANICURE & PEDICURE**

| <ul><li>Manicure Only</li><li>Pedicure Only</li></ul>  | 45 Mnt<br>45 Mnt            |
|--|-----------------------------|
| Manicure & Pedicure  | 90 Mnt                      |
| <ul> <li>Manicure with Nail Polish</li> <li>Pedicure with Nail Polish</li> <li>Manicure &amp; Pedicure with Nail Polish</li> </ul>             | 60 Mnt<br>60 Mnt<br>120 Mnt |
| <ul> <li>Manicure with Art Nail Polish</li> <li>Pedicure with Art Nail Polish</li> <li>Manicure &amp; Pedicure with Art Nail Polish</li> </ul> | 60 Mnt<br>60 Mnt<br>120 Mnt |
| <ul><li>Nail Polish</li><li>Art Nail Polish</li></ul>  | 30 Mnt<br>45 Mnt            |





### Kajane Spa Packages Sun Burn Treatment 90 Mnt

An excellent package recommended after a day under the sun, with several choices of natural body mask will help to soothe the pain and naturally cool the burns, followed by traditional simple facial, ended with soaking in aromatic flower bath. It perfectly relieves the pain caused by the burns

### This package includes:

- Ritual foot bath
- Body Mask with a selection of Home Made Body Mask:
   Cucumber, Avocado, Aloevera, Papaya
- Traditional Facial
- Fresh warm Flower Bath for the feeling wonderfully relax.
- · Our suggestion of drink would be fresh juice



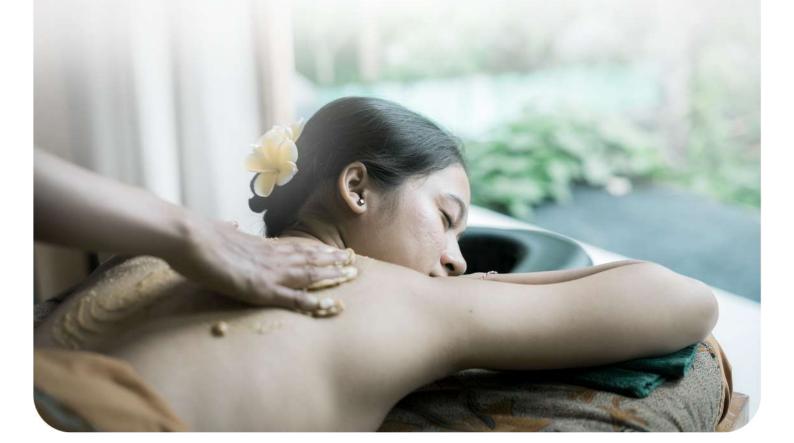


# Sanjiwani

The two hours signature package from Bali Home Made Spa. each person who is looking for body and brainpower freshness, gaining strength from travelling. This package suits best for an individual who will explore Bali.

### This 2 hours packages includes:

- Ritual foot bath
- Aromatherapy Refreshing Massage with a selection of Aroma therapy Oils, your therapist will give a 60 minutes relaxing Aroma therapy style massage with your selection of Home Made Aroma therapy oil.
- Body scrub with a selection of Home Made scrubs, then continue with
- Exfoliating with Home Made exfoliaters
- Fresh warm Flower Bath for the feeling wonderfully relax.
- Our suggestion of drink would be ginger tea or beras kencur





# Kasmaran with Jamu Sari Rapet

Is Bali Home Made's favorite by request

For those of you who are in the mood of love, feeling honeymoon in the air, Our package is suit best for honeymooner, Bali Home Made is using special Jamu Sari Rapet for this treatment, Jamu Sari Rapet is a traditional Javanese herbal ingredient, and it says that this type of Jamu enhances female tightness.

#### This 2 hours package includes:

- · Ritual foot bath
- Traditional Balinese Massage with Home Made oil
- Your therapist will give A 60 minutes traditional Balinese style massage with
- Home Made Oil, your therapist will guide you with simple breathing to loosen stiff muscle than begins with light to medium stroke on your back to stimulate the blood circulation
- · Body scrub with selection of Home Made scrub then continue with
- Exfoliating with Home Made exfoliaters
- Your therapist will apply your selection of exfoliater send-off your skin ran new
- Fresh warm Flower Bath with Jamu Sari Rapet for the feeling of tightness and wonderfully relax.
- Our suggestion of drink would be ginger tea or green tea





### Sea Salt Bath 2hour

Totally indulge your senses with our special package, an aromatic foot bath, traditional massage, a selection of body scrub and body mask to keep your skin soft, smooth, healthy and well nourished. Fresh flower bath with aroma sea salt to provide a medium for deep relaxation, as well as a feast of minerals for the skin.

### This 2 hours package includes:

- · Ritual foot bath
- Traditional Balinese Massage with Home Made oil
   Your therapist will give A 60 minutes traditional Balinese style massage with Home Made Oil, your therapist will guide you with simple breathing to loosen stiff muscle than begins with light to medium stroke on your back to stimulate the blood circulation
- · Green tea Body scrub
- Body Mask with a selection of Home Made Body Mask
   Your therapist will apply your selection of Body Mask send-off your skin ran new
- Fresh Flower Bath with your selection of aroma sea salt

Our suggestion of drink would be ginger tea or green tea





### Whitening Body Package 2 Hour

Find a different way to treating your body to be renewed and rejuvenated. We designed a new whitening treatment in which you could spoil your body. Start with a very fresh foot bath, and then you will be pampered by a very relaxing massage to prepared your body for the next treatment i.e scrubbing with a choice of scrub. To maximize the use of scrub, a choice of mask will fully whiten and renew your skin. And then find your self totally relax by soaking in fresh flower bath

### This 2 hours package includes:

- · Ritual foot bath
- Traditional Balinese Massage with Home Made oil Your therapist will give A 60 minutes traditional Balinese style massage with Home Made Oil, your therapist will guide you with simple breathing to loosen stiff muscle than begins with light to medium stroke on your back to stimulate the blood circulation
- Body scrub with selection of Milk scrub then continue with
- Body Mask with a selection of Milk Body Mask Your therapist will apply your selection of milk Body Mask send-off your skin ran new
- Fresh Flower Bath with milk for the feeling wonderfully relax
- Our suggestion of drink would be Home Made STMJ



### Exotic Package 2,5 Hour

An exotic traditional package, begun with a ritual foot bath and traditional massage followed by your choice of body scrub and body mask, this pampering package will be ended with a rejuvenating facial, leaving you with a feeling of totally renewal.

#### This 2,5 hours package includes:

- · Ritual foot bath
- Traditional Balinese Massage with Home Made oil
   Your therapist will give A 60 minutes traditional Balinese style massage
   with Home Made Oil, your therapist will guide you with simple breathing
   to loosen stiff muscle than begins with light to medium stroke on your
   back to stimulate the blood circulation
- Traditional Facial
- Body scrub with selection of Home Made scrub
- Body Mask with a selection of Home Made Body Mask
- Fresh Flower Bath for the feeling wonderfully relax
   Our suggestion of drink would be STMJ



### Paradise Package 3 Hour

Feel as you are in a paradise. That is this package dedicated for. Catch this fully treatment started from your toes until hair. Your therapist will indulge you with fresh foot bath and then find your body being massaged in different way in deep relaxation. Move from body to face and face to hair. This is the best choice for fully completing your indulgence treatment

### This 3 hours packages includes:

- · Ritual foot bath
- Lomi Lomi Massage
   Aromatic oils are used for massaging, begin with a ritual footbath,
   breathing technique, followed by pressure points and soft stretching for the blood circulation.
- Traditional Facial
- Hair Treatment with selection of Hair Mask
   (Your therapist will apply the hair mask by rubbing it all to your hair)
- Our suggestion of drink would be ginger tea or STMJ

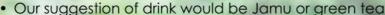


### Jayaprana

Jayaprana is a famous Balinese folklore from Singaraja region. In this story Jayaprana is an every-girl's dreamed man. I Nyoman Jayaprana was a man who came from Kalianget Village, a very handsome and charming man, and it said that every girl who had met him found him very attractive and ideal. This is a 3 hours package which is dedicated only for Man. In the story a man can be so charming and handsome, and that is what Bali Home Made Spa designed this package for. (Man needs to be optimized by rebalancing the flows of Blood circulation, modifying performance with warmth and nutrition, and polished with extra care and a choice of scrub.)

### This 3 hours package includes:

- · Ritual foot bath
- Traditional Balinese Massage with Home Made oil Your therapist will give A 60 minutes of traditional Balinese style massage with Home Made Oil.
- Body scrub with a selection of men's Home Made scrubs
- Exfoliating with a selection of Home Made exfoliaters Your therapist will apply your selection of exfoliaters (leaving) send-off your skin (fresh) brand-new
- Crown Creambath with your selection of traditional cream, for maximum healthy scalp care
- Fresh Flower Bath with your selection of Masculine aroma sea salt or Jamu Kamasutra





### Layonsari

Jayaprana is a famous Balinese folklore from Singaraja region, a man who was murdered by his own step father for the beauty of his wife Layonsari. Ni yoman Layonsari was every-boy's dreamed girl; it says that she was striking beautiful, very sensual yet lovely. Every men who has met her always fall in love from the first sight. This is a 3 hours signature package which is dedicated only for Female. In the story a woman can be so pretty and beautiful, and that is what Bali Home Made Spa designed this package for.

### These 3 hours package include:

- · Ritual foot bath
- Aromatherapy Refreshing Massage with a selection of Home Made Aromatherapy oils. Your therapist will give a 60 minutes relaxing romatherapy style massage with your selection of Home Made Aromatherapy oil.
- Body scrub with a selection of Home Made scrubs
- · Exfoliating with Home Made exfoliaters
- Traditional exotic Facial
- Fresh Flower Bath with your selection of aroma sea salt and Jamu Sari Rapet
- Our suggestion of drink would be ginger tea or jamu





### **Special Home Made**

This is one of our organic packages for your pleasure This package was specially design by Home Made Spa for pampering you in the most traditional way. We are using Gingger Oil to massage your whole body, All products are Home Made and organic.

#### 4 hours treatments include:

- · Ritual foot bath
- Lomi Lomi Massage
- Body scrub with a selection of Home Made scrubs
- Traditional Facial
- Traditional cream bath
- Fresh Flower Bath for the feeling wonderfully relax
- Selection of Home Made drink and Meal

